

EDUMATE

XII

SOCIAL WORK



Government of Kerala
DEPARTMENT OF EDUCATION

State Council of Educational Research and Training (SCERT), Kerala
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Foreword

As part of the comprehensive revision of curriculum from pre-primary to the Higher Secondary sector, new textbooks have been developed for Std. XI and Std XII during the years 2014 -15 and 2015-16 respectively. Evaluation activities should go hand in hand with the new curriculum. Real learning takes place by constructing knowledge through various learning processes.

In a constructive classroom, learners have opportunities to engage in a number of activities in which a range of attributes can be developed. The same activities provide the learner with scope for assessing development of these attributes. Hence there has been a shift from assessing only the products of learning to the process of learning. Anyhow it is to be noted that term end assessment is a part of continuous and comprehensive evaluation.

The main objective of this book is to help the learners to face the public examination with confidence. In this context, questions from all chapters of each subject of Std. XII have been developed along with the scoring indicators. Hope that this question bank titled “Edumate” will be helpful to learners as well as teachers.

Your comments and suggestions are welcome and will assist us in improving the content of this book.

Wish you all the best.

Dr. J. Prasad
Director

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PRIMARY METHODS

Learning Outcome

- Appraises the relevance of social case work

Q.1 Which method of social work is used to solve the problems of individuals?

Scoring Indicators

Social case work

Score : 1

Time : 1 mt

Learning Outcome

- Describes the principles of social case work

Q.2 Recognizing the client's freedom to make own choices and decisions is known as the principle of

- a) Individualization b) Acceptance c) Self-determination d) Non-judgmental attitude

Scoring Indicators

c

Score : 1

Time : 1 mt

Learning Outcome

- Describes the principles of social case work

Q.3 Which principle of casework restricts the case worker to disclose the information regarding the client?

Scoring Indicators

Principle of confidentiality

Score : 1

Time : 1 mt

Learning Outcome

- Describes the process of social case work

Q.4 All activities and services directed towards helping an individual with a problem is known as

Scoring Indicators

Treatment (Intervention)

Score : 1

Time : 1 mt

Learning Outcome

- Describes the relevance of relationship in the practice of social case work

Q.5 A case worker develops an inappropriate emotional attachment with the client. This subjective relationship is known as

 **Scoring Indicators**

Counter- transference

Score : 1

Time : 1 mt

Learning Outcome

- Describes the relevance of relationship in the practice of social case work

Q.6 A client's irrational emotional attachment towards the case worker is known as

 **Scoring Indicators**

Transference

Score : 1

Time : 1 mt

Learning Outcome

- Describes the process of social case work

Q.7 Explaining the beginning and development of the problems of the client in social case work is known as diagnosis.

 **Scoring Indicators**

Etiological

Score : 1

Time : 1 mt

Learning Outcome

- Appraises the relevance of social group work

Q.8 Which method of social work is used to solve individual's problems with the help of groups.

 **Scoring Indicators**

Social group work

Score : 1

Time : 1 mt

Learning Outcome

- Describes the principles of social case work

Q.9 Which principle of group work demands the group worker to plan and organize programmes in tune with the cultural context of the group?

 **Scoring Indicators**

Principle of cultural setting

Score : 1

Time : 1 mt

Learning Outcome

- Describes group dynamics

Q. 10 The forces that result from the interactions of group members is known as

 Scoring Indicators

Group dynamics

Score : 1

Time : 1 mt

Learning Outcome

- Describes group dynamics

Q. 11 The result of all forces acting on members to remain in a group is known as

 Scoring Indicators

Group cohesion

Score : 1

Time : 1 mt

Learning Outcome

- Describes the concept of community organization

Q. 12 People living in a geographic area characterized by 'we feeling' is known as

 Scoring Indicators

Community

Score : 1

Time : 1 mts

Learning Outcome

- Describes the definition and characteristics of social case work

Q. 13 Explain social case work.

 Scoring Indicators

Any relevant explanation showing the meaning of social case work

Score : 2

Time : 4 mts

Learning Outcome

- Describes the definition and characteristics of social case work

Q. 14 Describe the characteristics of social case work.

 Scoring Indicators

Any two characteristics (2x1)

Score : 2

Time : 4 mts

Learning Outcome

- Describes the definition and objectives of social case work

Q. 15 'Case work is a suitable method to address the problems of individuals.' Examine the statement mentioning any three objectives of case work.

 **Scoring Indicators**

Explaining the suitability pointing out any three objectives. (3x1)

Score : 3

Time : 6 mts

Learning Outcome

- Describes the principles of social case work

Q. 16 Why principles are relevant in the practice of social case work?

 **Scoring Indicators**

Stating that it gives direction to practice and ensures better result (2x1)

Score : 2

Time : 4 mts

Learning Outcome

- Describes the principles of social case work

Q. 17 'Principles are essential for the effective practice of case work'. Justify the statement mentioning any four principles of case work.

 **Scoring Indicators**

Stating any four principles with its meaning and importance in case work practice (4x1)

Score : 4

Time : 8 mts

Learning Outcome

- Describes the concept relationship in social case work

Q. 18 'Relationship plays a major role in the practice of social case work.' Examine the statement highlighting the characteristics of professional relationship.

 **Scoring Indicators**

Stating it as a tool and mentioning any four relevant characteristics like objectivity, warmth, genuineness, purpose, etc.

Score : 3

Time : 6 mts

Learning Outcome

- Describes the concept social case work

Q. 19 Write a brief note on the components of social case work.

 **Scoring Indicators**

Explaining the components 4Ps

Score : 3

Time : 6 mts

Learning Outcome

- Describes the definition, characteristics, and process of social case work

Q. 20 Santhosh is a 9th standard student. He suddenly lost interest in studies and is very reluctant to go to school. Noticing the changes in behavior his parents takes him to school social worker. Which method of social work is suitable to help Santhosh and describe the helping process.

Scoring Indicators

Mentioning case work as the suitable method and explaining the process of case work.

Score : 6

Time : 15 mts

Learning Outcome

- Describes the process of social case work

Q. 21 Write a note on social case work treatment

Scoring Indicators

Explaining the term treatment and describing any two treatment methods.

Score : 3

Time : 6 mts

Learning Outcome

- Describes the definition and characteristics of social group work

Q. 22 Explain social group work and mention any two objectives.

Scoring Indicators

One relevant definition and two objectives.

Score : 3

Time : 6 mts

Learning Outcome

- Describes the characteristics of social group work

Q. 23 'Social group work is a unique method to promote leadership ability and democratic behavior among members'. Justify the statement highlighting any three characteristics of group work.

Scoring Indicators

Mentioning any three unique characteristics that describes about leadership and democracy
(3x1)

Score : 3

Time : 6 mts

Learning Outcome

- Describes the principles and practice of social group work

Q. 24 'Principles are the guidelines to make group work practice more effective.'
Substantiate the statement mentioning any three principles of group work.

 **Scoring Indicators**

Explaining the importance of principles and describing any three principles

Score : 4

Time : 8 mts

Learning Outcome

- Describes the definition, characteristics and process of social group work

Q. 25 In a school, a considerable number of students experience similar problems like stage fright, exam phobia, etc. Which method of social work is suitable to help them and describe the process.

 **Scoring Indicators**

Mentioning social group work as the suitable method and explaining the process.

Score : 5

Time : 12 mts

Learning Outcome

- Describes group dynamics in the practice of social group work

Q. 26 'Group dynamics is the important factor that determines the success of group work practice.' Examine the statement mentioning the elements of group dynamics.

 **Scoring Indicators**

State group dynamics as a means to influence the behavior of members and explain any three elements.

Score : 4

Time : 8 mts

Learning Outcome

- Describes the practice of social group work

Q. 27 'Social group work is an effective method to deal with the problems of isolation and separation due to urbanization and modernization.' Justify the statement mentioning the importance of group work.

 **Scoring Indicators**

Explain the relevance of group work in urban centres with any four valid points.

Score : 4

Time : 8 mts

Learning Outcome

- Describes the concept and characteristics of community organization

Q. 28 Explain community organization and describe its objectives.

Scoring Indicators

One relevant definition and two objectives

Score : 3

Time : 6 mts

Learning Outcome

- Describes the concept, characteristics and principles of community organization

Q. 29 'The objective of community organization can better be achieved through the application of principles.' Elucidate the statement mentioning any four principles of community organization.

Scoring Indicators

Explain any four principles and its relevance in community organization

Score : 4

Time : 8 mts

Learning Outcome

- Describes the concept and practice of community organization

Q. 30 If you are appointed as a community organizer of a village, how do you help the community to solve a felt need. Describe the various steps involved in fulfilling the need.

Scoring Indicators

Explain community organization and describing the process.

Score : 6

Time : 15 mts

Learning Outcome

- Describes the process of social case work

Q. 31 'The causes of a client's problem are identified through diagnosis.' Analyze the statement mentioning the types of diagnosis in case work.

Scoring Indicators

Explaining each type (1x3)

Score : 3

Time : 6 mts

Learning Outcome

- Describes the concept and practice of community organization

Q. 32 'Community organization is an effective method to address the developmental issues of a community.' Examine the statement pointing out any six objectives of community organization.

Scoring Indicators

For each correct objectives (.5x6).

Score : 3

Time : 6 mts

Learning Outcome

- Describes the concept and practice of group work

Q. 33 'Group experiences play a vital role in personality development.' Analyze the statement mentioning the importance of social group work.

 **Scoring Indicators**

Explain any three valid importance of group work (1x3).

Score : 3

Time : 6 mts

Learning Outcome

- Describes the concept and practice of primary methods of social work.

Q. 34 'Primary methods of social work are effective to deal with psycho- social problems.' Explain the statement mentioning the scope of each primary method.

 **Scoring Indicators**

Explaining the significance of each method (2x3).

Score : 6

Time : 15 mts

Learning Outcome

- Describes the concept and characteristics of social action

Q.1 Among the following which method of social work is used to solve mass social problems?

- a) Social group work b) Community organization
c) Social action d) Social work research

**Scoring Indicators**

C

Score : 1

Time : 1 mt

Learning Outcome

- Describes the concept and characteristics of social action

Q.2 If you want to mobilize public opinion against dowry system in our country, suggest the most suitable social work method.

**Scoring Indicators**

Social action

Score : 1

Time : 1 mt

Learning Outcome

- Describes the principles of social action

Q.3 Which principle of social action is used to convince the target group and the general public that the objectives of the movement are morally right?

**Scoring Indicators**

Principle of legitimization

Score : 1

Time : 1 mt

Learning Outcome

- Describes the elements of social action

Q.4 Which method of social work makes use of collaboration and confrontation strategies for its practice?

- a) Case work
- b) Group work
- c) social work research
- d) Social action

 **Scoring Indicators**

d

Score : 1
Time : 1 mt

Learning Outcome

- Explains the concept and process of social welfare administration

Q.5 Name the method of social work that make use of administrative and managerial skills to effectively carry out welfare programmes.

 **Scoring Indicators**

Social welfare administration

Score : 1
Time : 1 mt

Learning Outcome

- Analyzes the organogram of an organization

Q.6 The diagrammatic presentation of the hierarchical arrangement of authority in an organization is known as

 **Scoring Indicators**

Organogram

Score : 1
Time : 1 mt

Learning Outcome

- Describes the nature and types of social work research

Q.7 Which method of social work is used to systematically study about social phenomena?

 **Scoring Indicators**

Social work research

Score : 1
Time : 1 mt

Learning Outcome

- Identifies the stages of research process

Q.8 The process of testing the suitability of data collection tool by administering it among few respondents is known as

 **Scoring Indicators**

Pre- test

Score : 1
Time : 1 mt

Learning Outcome

- Describes the concept of social action

Q.9 Explain social action and mention any four objectives.

 **Scoring Indicators**

Explanation and four characteristics

Score : 3

Time : 6 mts

Learning Outcome

- Describes the concept and principles of social action

Q.10 'Observing the principles makes social action successful'. Examine the statement in the light of any three principles.

 **Scoring Indicators**

Explaining the relevance of any three principles (3x1)

Score : 3

Time : 6 mts

Learning Outcome

- Describes and classifies the concept and strategies of social action

Q.11 You have noticed that there is illicit liquor sale in your locality. Which method of social work is suitable to intervene in the problem? Explain any three strategies that you make use to deal with it.

 **Scoring Indicators**

Stating social action as the suitable method and explaining any three relevant strategies

Score : 4

Time : 8 mts

Learning Outcome

- Describes the concept and process of social action

Q.12 Draw a diagram showing the process of social action and explain each stage.

 **Scoring Indicators**

Drawing the diagram and explain each stage (1.5+2.5)

Score : 4

Time : 8 mts

Learning Outcome

- Classifies the strategies of social action

Q.13 Suggest any two environmental protection activities that your school can undertake in the locality.

 **Scoring Indicators**

Explaining any two relevant activity (2x1)

Score : 2

Time : 4 mts

Learning Outcome

- Classifies the strategies of social action

Q. 14 Prepare a pledge against drug abuse to be taken on anti- tobacco day in your school.

 **Scoring Indicators**

A relevant pledge

Score : 2

Time : 4 mts

Learning Outcome

- Lists the social action groups in Kerala

Q. 15 'Women action groups can work on ensuring their rights'. Propose three programmes that can be organized by an action group in the state.

 **Scoring Indicators**

Explaining any three programmes (1x3)

Score : 3

Time : 6 mts

Learning Outcome

- Lists the social action groups in Kerala

Q. 16 Describe three major problems faced by the tribal communities in Kerala.

 **Scoring Indicators**

Explaining any three relevant problems like social exclusion, discrimination, landlessness, etc. (1x3)

Score : 3

Time : 6 mts

Learning Outcome

- Lists the social action groups in Kerala

Q. 17 Write a note on the issues faced by the farming community in Kerala.

 **Scoring Indicators**

Explaining any three relevant issues like low productivity, low price, climate change, increased cost of production, etc. (1x3)

Score : 3

Time : 6 mts

Learning Outcome

- Explains the concept and process of social welfare administration

Q. 18 Define social welfare administration and mention any two characteristics.

 **Scoring Indicators**

Any one relevant definition and two characteristics (1x3)

Score : 3

Time : 6 mts

Learning Outcome

- Explains the concept and process of social welfare administration

Q. 19 Write a note on the functions of social welfare administration.

Scoring Indicators

Mentioning POSDCoRB and the functions

Score : 4

Time : 8 mts

Learning Outcome

- Explains the concept and process of social welfare administration

Q. 20 Mr. Satheesh is posted as the administrative officer of a welfare agency. What are the functions that he has to carry out in the agency?

Scoring Indicators

Explaining any four of POSDCoRB (1x4)

Score : 4

Time : 8 mts

Learning Outcome

- Analyses the organogram of an organization

Q. 21 'A well defined organizational structure is essential for the successful working of an organization'. Comment on the statement pointing out the need of organizational structure.

Scoring Indicators

Mentioning any three valid points like shows the flow of authority and responsibility, clear understanding of roles, avoid confusion of role and task, etc. (1x3)

Score : 3

Time : 6 mts

Learning Outcome

- Describes the nature and type of social work research

Q. 22 Explain social work research and point out its relevance in social work practice.

Scoring Indicators

Any one relevant definition and two relevance (1x3)

Score : 3

Time : 6 mts

Learning Outcome

- Describes the types of social work research

Q. 23 Distinguish between basic research and applied research.

Scoring Indicators

Valid explanation of the concepts (1x2)

Score : 2

Time : 4 mts

Learning Outcome

- Describes the types of social work research

Q. 24 What are the major differences between quantitative and qualitative research?

Scoring Indicators

Valid explanation of the concepts (1x2)

Score : 2

Time : 4 mts

Learning Outcome

- Describes the types of social work research

Q. 25 Distinguish between participatory and non-participatory research.

Scoring Indicators

Valid explanation of the concepts (1x2)

Score : 2

Time : 4 mts

Learning Outcome

- Identifies the stages of research process

Q. 26 Briefly explain the stages of scientific research.

Scoring Indicators

Sequential explanation of the stages (.5x10stages)

Score : 5

Time : 12 mts

Learning Outcome

- Identifies the stages of research process

Q. 27 Prepare a simple questionnaire with a minimum of ten questions to study the problem of rash and negligent driving of two wheelers by adolescents.

Scoring Indicators

Format of the questionnaire (2 score) and for eight valid questions (4 score)

Score : 6

Time : 15 mts

Learning Outcome

- Identifies the stages of research process

Q. 28 List out any four data collection tools used in research.

Scoring Indicators

Name any four tools (.5x4)

Score : 2

Time : 4 mts

Learning Outcome

- Describes the nature and types of social work research

Q. 29 Write an essay on different types of social work research.

 **Scoring Indicators**

Types based on purpose, nature, design, data, participation, etc. (1x5)

Score : 5

*Time : 12 mts***Learning Outcome**

- Identifies the stages of research process

Q. 30 Distinguish between 'universe' and 'sample' in scientific research.

 **Scoring Indicators**

For any two correct differences (1.5x2)

Score : 3

*Time : 6 mts***Learning Outcome**

- Lists the social action groups in Kerala

Q. 31 'Social action is an effective method to influence social policy.' Substantiate the statement mentioning any two examples.

 **Scoring Indicators**

Explaining the concept and providing two examples (2+2)

Score : 4

*Time : 8 mts***Learning Outcome**

- Describes the concept of social action

Q. 32 Examine the scope of social action to address the major mass social issues in Kerala.

 **Scoring Indicators**

Mentioning any two issues and the role of social action to address it. (2x2)

Score : 4

*Time : 8 mts***Learning Outcome**

- Analyses the organogram of an organization

Q. 33 Draw an organogram of an agency you have visited as part of practical work.

 **Scoring Indicators**

Any relevant illustration showing the structure

Score : 3

*Time : 6 mts***Learning Outcome**

- Describes the concept of social work research

Q. 34 'Social work research is supportive to other methods of social work.' Examine the statement.

 **Scoring Indicators**

Any four valid points stating the importance like providing knowledge base, understanding the causes of the problem, developing intervention strategies, developing practice models, etc.

Score : 4

Time : 8 mts

Learning Outcome

- Appraises the concept, skills and qualities of effective leadership

Q.1 The process of influencing a group of individuals to achieve a common goal is known as

- a) Communication b) Public relation
c) Social case work d) Leadership

 **Scoring Indicators**

d

Score : 1

Time : 1 mt

Learning Outcome

- Identifies the types of leadership

Q.2 The type of leadership where the leader holds all the power and takes decisions without considering other's opinion is known as leadership

 **Scoring Indicators**

Autocratic

Score : 1

Time : 1 mt

Learning Outcome

- Identifies the types of leadership

Q.3 The type of leadership where the leader delegates all the powers and responsibilities to subordinates is known as leadership

 **Scoring Indicators**

Laissez- faire

Score : 1

Time : 1 mt

Learning Outcome

- Identifies the types of leadership

Q.4 If the leader takes decisions only on the basis of rules, policies, and procedures, the leadership is known as

 **Scoring Indicators**

Bureaucratic

Score : 1

*Time : 1 mt***Learning Outcome**

- Describes the process of communication

Q. 5 A Principal of the school directs the students to remit the examination fee at the office. In this communication situation, who is the sender?

 **Scoring Indicators**

Principal

Score : 1

*Time : 1 mt***Learning Outcome**

- Classifies the types of communication

Q. 6 Your friend expresses his disagreement on a suggestion through facial expression. This is an example of;

- | | |
|-------------------------|------------------------------|
| a) Oral communication | b) Written communication |
| c) Upward communication | d) Non- verbal communication |

 **Scoring Indicators**

d

Score : 1

*Time : 1 mt***Learning Outcome**

- Classifies the types of communication

Q. 7 'A manager of an office ask his clerk to submit the reports ' is an example of;

- | | |
|---------------------------|-----------------------------|
| a) Upward communication | b) Downward communication |
| c) Informal communication | d) Horizontal communication |

 **Scoring Indicators**

b

Score : 1

*Time : 1 mt***Learning Outcome**

- Identifies the relevance of public relation in an organization

Q. 8 The planned effort to establish and maintain mutual understanding between an organization and its public is known as

 **Scoring Indicators**

Public relation

Score : 1

Time : 1 mt

Learning Outcome

- Appraises the concept and skills of leadership

Q. 9 What is leadership? Explain any two characteristics of leadership

 **Scoring Indicators**

Definition (2 score) and two characteristics (.5x2)

Score : 3

Time : 6 mts

Learning Outcome

- Appraises the skills and qualities of effective leadership

Q. 10 'The success of an organization depends largely on the functions of a leader'. Evaluate the statement highlighting any four functions of a leader.

 **Scoring Indicators**

State the relevance of leadership with any four functions (1x4)

Score : 4

Time : 8 mts

Learning Outcome

- Appraises the qualities of effective leadership

Q. 11 'The qualities of a leader are very important in influencing the followers'. Examine the statement pointing out the qualities required for an effective leader

 **Scoring Indicators**

State the relevance of the qualities of a leader (1x3)

Score : 3

Time : 6 mts

Learning Outcome

- Identifies the types of leadership

Q. 12 Prepare a note on autocratic leadership.

 **Scoring Indicators**

Any two characteristics regarding power/ decision making, etc.(1x2)

Score : 2

Time : 4 mts

Learning Outcome

- Identifies the types of leadership

Q. 13 Mention any two characteristics of democratic leadership

 **Scoring Indicators**

Any two characteristics like participation, consultation, delegation, etc. (1x2)

Score : 2

Time : 4 mts

Learning Outcome

- Identifies the types of leadership

Q. 14 Prepare a note on different styles of leadership.

 Scoring Indicators

Explaining any four styles (4x1)

Score : 4

Time : 8 mts

Learning Outcome

- Identifies the types of leadership

Q. 15 'The suitability of a leadership style depends on situation.' Examine the statement mentioning the different styles of leadership.

 Scoring Indicators

Assessing the merits of any five style and stating its suitability in different contexts (5x1)

Score : 5

Time : 12 mts

Learning Outcome

- Appraises skills and qualities of effective leadership

Q. 16 'A social worker should possess leadership abilities for effective professional practice.' Examine the statement mentioning the social work methods where leadership is highly required.

 Scoring Indicators

Explaining the requirement of leadership in the practice of group work, community organization, social action, welfare administration, etc.

Score : 5

Time : 12 mts

Learning Outcome

- Describes the process of communication

Q. 17 Draw a diagram showing the process of communication

 Scoring Indicators

The diagram showing sender, content, receiver, and feed back

Score : 2

Time : 4 mts

Learning Outcome

- Describes the process of communication

Q. 18 Explain communication process with the help of a diagram and describe the components.

 Scoring Indicators

The diagram and explanation (2 score) and explaining components (2 score)

Score : 4

Time : 8 mts

Learning Outcome

- Classifies the types of communication

Q. 19 Describe the types of communication based on medium.

Scoring Indicators

Explaining verbal and non-verbal communication (1.5x2)

Score : 3

Time : 6 mts

Learning Outcome

- Classifies the types of communication

Q. 20 Describe the different types of communication.

Scoring Indicators

Classifications based on medium, relationship, direction, etc

Score : 5

Time : 12 mts

Learning Outcome

- Describes the concept communication and the possible barriers

Q. 21 'Minimizing the obstacles in communication is important for effective communication'. Examine the statement considering the barriers of communication.

Scoring Indicators

Explaining the concept obstacles or barriers (score 1) and mentioning and describing any four barriers (score 4)

Score : 5

Time : 12 mts

Learning Outcome

- Describes the concept communication and the strategies of making it effective

Q. 22 'Effective communication improves the quality of relationship with others.' Examine the statement suggesting any four measures to make communication effective.

Scoring Indicators

For each valid measure and its impact on improving communication (4x1)

Score : 4

Time : 8 mts

Learning Outcome

- Describes the concept communication and its importance in social work practice

Q. 23 'A social worker should possess effective communication skills'. Justify the statement pointing out the importance of communication in social work practice.

Scoring Indicators

Explaining communication as a tool of social work (score 1) and stating its importance in the practice (score 3)

Score : 4

Time : 8 mts

Learning Outcome

- Identifies the relevance of public relation

Q. 24 Define public relation and mention two characteristics.

Scoring Indicators

Explaining the concept (score 1) and mentioning two characteristics (score .5x2)

Score : 2

Time : 4 mts

Learning Outcome

- Identifies the relevance of public relation in an organization

Q. 25 If you are appointed as a public relation officer of a social work agency, what all are the functions that you need to undertake?

Scoring Indicators

Explaining any four valid functions (4x1)

Score : 4

Time : 8 mts

Learning Outcome

- Recognizes the tools used in public relation

Q. 26 Mention any four tools or techniques used for public relation activities.

Scoring Indicators

For each correct tool (4x.5)

Score : 2

Time : 4 mts

Learning Outcome

- Identifies the relevance of public relation in an organization

Q. 27 'The good will of an organization greatly depends on the performance of public relation officer'. Examine the statement mentioning the functions of a public relation officer.

Scoring Indicators

Explaining the any five functions of PRO and its relevance in building the good will of organizations (5x1)

Score : 5

Time : 12 mts

Learning Outcome

- Recognizes the tools used in public relation

Q. 28 Propose any three public relation tools that your school can make use to improve its public image.

 **Scoring Indicators**

Any three relevant strategies (3x1)

Score : 3

Time : 6 mts

Learning Outcome

- Identifies the relevance of public relation in an organization

Q. 29 'Failure of public relation may damage the public image of an organization and its functioning'. Do you agree with the statement? Why?

 **Scoring Indicators**

Agree with statement and explain any five functions of PRO and its relevance in building the public image of an organization (5x1)

Score : 5

Time : 12 mts

Learning Outcome

- Identifies the relevance of public relation in an organization

Q. 29 'Failure of public relation may damage the public image of an organization and its functioning'. Do you agree with the statement? Why?

 **Scoring Indicators**

Agree with statement and explain any five functions of PRO and its relevance in building the public image of an organization (5x1)

Score : 5

Time : 12 mts

Learning Outcome

- Recognizes the tools used in public relation

Q. 30 The NSS unit of your school is organizing a sanitation campaign in an adopted village. You are entrusted with the responsibility of carrying out the public relation for the same. Propose any three strategies to get the cooperation of the public for the campaign.

 **Scoring Indicators**

Any three relevant strategies (3x1)

Score : 3

Time : 6 mts

DEVELOPMENT AND RESOURCE MOBILISATION

Learning Outcome

- Recognizes the concept of development

Q.1 Define the concept of development and list out its objectives.

Scoring Indicators

- a) Definition of the term Development: 2 Score
- b) Any 4 relevant objectives: $\frac{1}{2} \times 4=2$

Score : 4
Time : 8 mts

Learning Outcome

- Recognizes the concept of development

Q.2 Prepare a chart showing the dimensions of development.

Scoring Indicators

- $\frac{1}{2}$ score for each dimension limited to 2 score.

Score : 2
Time : 4 mts

Learning Outcome

- Examine various approaches to development

Q.3 Briefly explain any 4 approaches to development.

Scoring Indicators

- 1 $\frac{1}{2}$ score for each approach

Score : 6
Time : 15 mts

Learning Outcome

- Examine the participatory approach.

Q.4 "Participatory approach introduces a bottom-up style to development". Justify the statement citing its merits.

Scoring Indicators

- $\frac{1}{2}$ score for each relevant point limited to 3 score.

Score : 3
Time : 6 mts

Learning Outcome

- Examining sustainable approach to development.

Q. 5 "There is a strong criticism that people are suffering from the adverse effect of modern development. So we need a sustainable approach to development."Substantiate the statement with any 3 valid points.

 **Scoring Indicators**

1 score for each valid points.

Score : 3

Time : 6 mts

Learning Outcome

- Examine the charity approach

Q. 6 List out the limitations of charity approach to development.

 **Scoring Indicators**

½ score for each points.

Score : 2

Time : 4 mts

Learning Outcome

- Examining the sustainable approach

Q. 7 Suppose you are asked to select the most suitable approach to development, which one you select? Justify the reason.

 **Scoring Indicators**

- Naming the approach: 1
- 1 score for each relevant justification (1x3=3)

Score : 4

Time : 8 mts

Learning Outcome

- Recognises the concept of community development.

Q. 8 Define community development and list out its objectives.

 **Scoring Indicators**

- definition: 2
- 1/2 score for each objectives=2

Score : 4

Time : 8 mts

Learning Outcome

- Lists out the various community development programmes.

Q. 9 Write an essay on any 3 community development programmes in India. Comment how each programme contributed to development.

 **Scoring Indicators**

2 score for each programme and its contribution

Score : 6

Time : 15 mts

Learning Outcome

- Lists out the various community development programmes.

Q. 10 List out any 3 unique features of MGNREGP.

 Scoring Indicators

1 score for each relevant point

Score : 3

Time : 6 mts

Learning Outcome

- Lists out the various community development programmes.

Q. 11 Generally in all the community development programmes, ----- has the authority to select the beneficiaries.

- a) District Collector, b) planning commission, c) Grama sabha, d) standing committee

 Scoring Indicators

c

Score : 1

Time : 1 mt

Learning Outcome

- Lists out the various community development programmes.

Q. 12 Which among the following Community Development programmes aim to develop the infrastructure facilities of the Nation?

- a) Indira awas yojana b) Bhrath Nirman c) Family Benefit Scheme D) Jalanidhi

 Scoring Indicators

b

Score : 1

Time : 1 mt

Learning Outcome

- Lists out the various community development programmes.

Q. 13 Women members are formed into self help groups under ----- community development Programme.

- a) MGNREGP b) SGSY c) IAY d) JGSY

 Scoring Indicators

b

Score : 1

Time : 1 mt

Learning Outcome

- Lists out the various community development programmes.

Q. 14 List out any 2 social security programmes in India.

 **Scoring Indicators**

½ score for each programme

Score : 1
Time : 1 mt

Learning Outcome

- Describes PRA and its tools

Q. 15 Define PRA ? Describe any 3 tools of PRA?

 **Scoring Indicators**

a) Definition -1 ½ score b) Explanation of each tool carries 1 ½ score. Score : 6
Time : 15 mts

Learning Outcome

- Describes PRA and its tools

Q. 16 The PRA tool which helps us to understand the seasonal differences is called-----

- a) Transect walk b) resource map c) seasonal calendar d) time line.

 **Scoring Indicators**

c Score : 1
Time : 1 mts

Learning Outcome

- Describes PRA and its tools

Q. 17 Prepare a resource map of your village and propose any two developmental activities.

 **Scoring Indicators**

Designing resource map: 4
b) 1 score for each development activities. Score : 6
Time : 15 mts

Learning Outcome

- Describes PRA and its tools

Q. 18 In a PRA tool people are helped to arrange the major events of a village in a chronological order. This PRA tool is called -----

- a) Resource map b) seasonal calendar c) daily routine analysis d) historical time line.

 **Scoring Indicators**

d Score : 1
Time : 1 mt

Learning Outcome

- Describes PRA and its tools

Q. 19 "Transect walk can be considered as a major PRA tool ".Substantiate the statement with 3 relevant points.

 **Scoring Indicators**

1 score for each relevant point.

Score : 3

Time : 6 mts

Learning Outcome

- Describes PRA and its tools

Q. 20 Match the boxes A and B

A		B	
a	Secondary data review	i	Showing the variations in a village over a period of time
b	Venn diagram	ii	Arranging the major events in chronological order
c	Historical time line	iii	Reflecting the time disposal patterns in a day
d	Daily routine analysis	iv	Collecting published reports
e	Seasonal calendar	v	understanding the relationship between organizations

 **Scoring Indicators**

- a - iv
- b - v
- c - ii
- d - iii
- e - i

Score : 5

Time : 6 mts

Learning Outcome

- Describes and categorizes various resources

Q. 21 Write any two examples of renewable resources.

 **Scoring Indicators**

½ score for each right answer.

Score : 1

Time : 1 mt

Learning Outcome

- Describes Resource mobilization

Q. 22 Define the term resource mobilization in your own words and list out any 3 objectives.

 **Scoring Indicators**

- a) Definition: 1 score
- b) 1 Score for each objectives.

Score : 4

Time : 8 mts

Learning Outcome

- Describes Resource mobilization

Q. 23 Suppose the NSS unit of your school has planned to construct a house for a poor student in your school. As an NSS volunteer what are the methods you will suggest to find the resources?

 **Scoring Indicators**

1 Score for each method.

Score : 4

Time : 8 mts

Learning Outcome

- Appraises the concept of PRA

Q. 24 Which of the following is not a tool of PRA?

- a) Transect walk b) Projective technique c) Daily routine analysis d) Historical time line

 **Scoring Indicators**

b

Score : 1

Time : 1 mt

Learning Outcome

- Describes the concept of project planning

Q. 25 List out the steps in project planning

 **Scoring Indicators**

½ Score for each step

Score : 4

Time : 8 mts

Learning Outcome

- Describes the formulation of project proposal

Q. 26 "Drafting a project proposal is both an art and science". What are the steps in the formulation of a project proposal?

 **Scoring Indicators**

½ Score for each step limited to 3

Score : 3

Time : 6 mts

Learning Outcome

- Recognizes the concept of development

Q. 27 'Development is a multidimensional phenomenon with a variety of economic, social, and environmental factors.' Prepare a note on the indicators of economic, social, and environmental dimensions of development.

 **Scoring Indicators**

1 Score for each dimension with two indicators

Score : 3

Time : 6 mts

Learning Outcome

- Recognizes the concept of development and examine the various approaches to development

Q. 28 'Development needs to be humanized and focused not on economic wealth but on basic facilities.' This is the idea propagated by approach.

- a) Rights based approach b) Charity approach
c) Nehruvian approach d) Basic needs approach

 **Scoring Indicators**

d

Score : 1

Time : 1 mt

Learning Outcome

- Recognizes the concept of development

Q. 29 A massive movement developed by the Kerala government to ensure the participation of common man in all the phases of development programmes was popularly known as

- a) People's Planning b) Community development
c) Centralised planning d) Five year planning

 **Scoring Indicators**

a

Score : 1

Time : 1 mt

Learning Outcome

- Recognizes the concept of community development

Q. 30 Prepare a note on the term community development

 **Scoring Indicators**

1 Score for each relevant point

Score : 3

Time : 6 mts

Learning Outcome

- Appraises the concept of need assessment

Q. 31 'PRA helps the people to identify the needs and prioritize them.' Justify the statement citing any two methods of PRA

 **Scoring Indicators**

2 Score for each method with two relevant points

Score : 4

Time : 8 33

Learning Outcome

- Analyze the concept of health by identifying the dimensions.

Q. 1 Define health and explain various dimensions of health.

 **Scoring Indicators**

- Definition of Health- 1
- Explanation of each dimension carries 1 score limited to 5

Score : 6

Time : 15 mts

Learning Outcome

- Analyze the concept of health by identifying the dimensions.

Q. 2 Perfect functioning of the body implies -----dimension of health.

- Mental
- physical
- social
- spiritual

 **Scoring Indicators**

b

Score : 1

Time : 1 mt

Learning Outcome

- Analyze the concept of health by identifying the dimensions.

Q. 3 Communal clashes in a state indicates the absence of ----- dimension of health

- Physical
- Mental
- Social
- Spiritual

 **Scoring Indicators**

c

Score : 1

Time : 1 mt

Learning Outcome

- Analyze the concept of health by identifying the dimensions.

Q. 4 A person lacks self esteem and is not able to solve his problems intelligently. This indicates the absence of ----- dimension of health.

- Physical
- Social
- mental
- Spiritual

 **Scoring Indicators**

c

Score : 1

Time : 1 mt**Learning Outcome**

- Analyse the concept of health by identifying the determinants

Q.5 "Health of an individual or a community is determined by many factors". What are those factors? Explain.

 **Scoring Indicators**

1 Score for each determinant with explanation limited to 6

Score : 6

Time : 15 mts**Learning Outcome**

- Analyse the concept of health by identifying the determinants

Q.6 What are the various factors determining the health of an individual?

 **Scoring Indicators**
 $\frac{1}{2}$ Score for each determinant limited to 3

Score : 3

Time : 6 mts**Learning Outcome**

- Analyse the concept of health by identifying the indicators

Q.7 Select the wrong statement:

Health indicators are used;

- To measure the health status
- To compare the health status
- For referral services
- For allocation of resources

 **Scoring Indicators**

c

Score : 1

Time : 1 mt**Learning Outcome**

- Analyse the concept of health by identifying the indicators

Q.8 List out the nutritional status indicators used to measure the health status of a community.

 **Scoring Indicators**

1 score for each right answer

Score : 3

Time : 6 mts

Learning Outcome

- Analyse the concept of health by identifying the indicators

Q. 9 Prepare a note on different mortality indicators of health.

Scoring Indicators

1 Score for each indicator with explanation

Score : 5

Time : 12 mts

Learning Outcome

- Analyse the concept of health by identifying the indicators

Q. 10 Expand PQLI

Scoring Indicators

Physical Quality Life Index

Score : 1

Time : 1 mt

Learning Outcome

- Analyse the concept of health by identifying the indicators

Q. 11 The Physical Quality Life Index is assessed by consolidating three indicators namely mortality, life expectancy, and -----

- a) Employment rate b) GNP c) Literacy rate d) Family size

Scoring Indicators

c

Score : 1

Time : 1 mt

Learning Outcome

- Describe the concept of disease, epidemiological triads etc.

Q. 12 Illustrate epidemiological triad with the help of a diagram.

Scoring Indicators

Correct diagram with explanation -3 Scores

Score : 3

Time : 6 mts

Learning Outcome

- Describe the concept of disease, epidemiological triads etc.

Q. 13 Lot of malaria cases have been reported from different parts of Kerala. Explain the causative factors with the help of an epidemiological triad.

Scoring Indicators

Listing the 3 causative factors in relation to malaria with diagram-4 Score

Score : 4

Time : 8 mts

Learning Outcome

- Describe the concept of disease and classify them

Q. 14 Find out the odd one.

- a) AIDS b) Gonorrhia c) Cholera d) Syphilis

Scoring Indicators

c

Score : 1

Time : 1 mt

Learning Outcome

- Describe the concept of disease and classify them

Q. 15 Classify the different types of communicable diseases based on the mode of transmission with one example each.

Scoring Indicators

1 Score for each mode of transmission with one example.

Score : 4

Time : 8 mt

Learning Outcome

- Describe the concept of disease and classify them

Q. 16 Write an example for a sexually transmitted disease.

Scoring Indicators

AIDS/ gonorrhoea

Score : 1

Time : 1 mt

Learning Outcome

- Describe the concept of disease and classify them

Q. 17 Prepare a flow chart showing the different types of non communicable disease with one example each.

Scoring Indicators

Drawing three types with one example -5Score

Score : 5

Time : 12 mts

Learning Outcome

- Describe the concept of disease and classify them

Q. 18 Write two examples for life style diseases.

Scoring Indicators

1 Score for each example.

Score : 2

Time : 2 mts

Learning Outcome

- Appreciates the concept of wellness

Q. 19 List out any four components of wellness.

 **Scoring Indicators**

½ Score for each correct answer.

Score : 2
Time : 4 mts

Learning Outcome

- Appreciates the concept of wellness

Q. 20 Write any 2 examples for macro nutrients.

 **Scoring Indicators**

½ Score for each right answer.

Score : 1
Time : 1 mt

Learning Outcome

- Explain the meaning of mental health

Q. 21 Write a short note on mental health.

 **Scoring Indicators**

1 Score for each relevant point limited to 3

Score : 3
Time : 6 mts

Learning Outcome

- Explain the meaning of mental health

Q. 22 List out the characteristics of a mentally healthy person

 **Scoring Indicators**

Each point carries 1Score

Score : 4
Time : 8 mts

Learning Outcome

- Explain the meaning of mental health

Q. 23 Find out the incorrect sentence from the given choices

- a) A mentally healthy person feels good about themselves
- b) A mentally healthy person feels comfortable with others
- c) A mentally healthy person thinks he is better than others
- d) A mentally healthy person respect themselves and others

 **Scoring Indicators**

c

Score : 1
Time : 1 mt

Learning Outcome

- Explain the meaning of mental health

Q. 24 The mental health of an individual is determined by several factors. List out those factors.

 Scoring Indicators

1 score for each point limited to 4

Score : 4

Time : 8 mts

Learning Outcome

- Describes and understands common mental disorders

Q. 25 Write a note on the specific helps required by a depressed person.

 Scoring Indicators

1 score for each relevant point

Score : 3

Time : 6 mts

Learning Outcome

- Describes and understands common mental disorders

Q. 26 "Manic Depressive Psychoses is a serious mental disorder which shows a wide range of symptoms." List out any six of them.

 Scoring Indicators

½ score for each relevant point

Score : 3

Time : 6 mts

Learning Outcome

- Describes and understands common mental disorders

Q. 27 "A person suspect and distrust others irrationally. He thinks others will exploit and harm them." These are the common symptoms of -----.

- | | |
|------------------|-------------------------------|
| a) Schizophrenia | b) Paranoia |
| c) Depression | d) Manic depressive psychoses |

 Scoring Indicators

b

Score : 1

Time : 1 mt

Learning Outcome

- Analyzes the concept of health

Q. 28 'Health is a dynamic equilibrium between an individual and his environment.' This view of health is proposed by concept

- | | |
|----------------|-------------|
| a) Bio-medical | b) Holistic |
|----------------|-------------|

c) Ecological

d) Psycho-social

 **Scoring Indicators**

c

Score : 1

Time : 1 mt

Learning Outcome

- Analyze the concept of health and its determinants

Q. 29 Give two examples for genetically determined diseases.

 **Scoring Indicators**

½ score for each correct answer

Score : 1

Time : 1 mt

Learning Outcome

- Analyze the concept of health and its indicators

Q. 30 Number of death below one year of age per thousand live births per year in a community is called

 **Scoring Indicators**

Infant mortality rate

Score : 1

Time : 1 mt

Learning Outcome

- Describes the concept of disease

Q. 31 Comment on the influence of life style in increasing the morbidity rate in Kerala.

 **Scoring Indicators**

Explaining life style diseases and its increasing trend in Kerala

Score : 4

Time : 8 mts

HYGIENE AND HEALTH CARE SERVICES

Learning Outcome

- Describes the concept, aspect and type of hygiene.

Q.1 Explain the concept 'Hygiene'.

Scoring Indicators

Two relevant points (2x1=2)

Score : 2

Time : 4 mts

Learning Outcome

- Recognizes the concept and dimensions of health care

Q.2 The dimension of health care which aims to restore the impaired capacity of an individual is known as

- a) Curation
- b) Prevention
- c) Rehabilitation
- d) promotion.

Scoring Indicators

c

Score : 1

Time : 1 mt

Learning Outcome

- Recognizes the concept and dimensions of health care

Q.3 Immunization programme indicatesdimension of health care.

- a) Promotive
- b) Preventive
- c) Curative
- d) Rehabilitative

Scoring Indicators

b

Score : 1

Time : 1 mt

Learning Outcome

- Appraises the health care system of the country.

Q.4 Write two examples of voluntary Health Agencies in India.

 **Scoring Indicators**

½ score for each right answer (½ x 2 =1)

Score : 1
Time : 2 mts

Learning Outcome

- Recognizes the concept and dimensions of health care

Q.5 Write the name of any two childhood diseases that can be prevented through immunization.

 **Scoring Indicators**

Any two right answer (½ x 2 =1)

Score : 1
Time : 2 mts

Learning Outcome

- Appraises the importance of National Health Programmes.

Q.6 Which among the following diseases is a target of National Life Style Disease Control Programme.

- | | |
|------------|-------------|
| a) Cholera | b) Diabetes |
| c) Polio | d) Pertusis |

 **Scoring Indicators**

b

Score : 1
Time : 1 mt

Learning Outcome

- Appraises the importance of National Health Programmes.

Q.7 Directly observed treatment - short course (DOTS) is a programme connected with the treatment of disease.

- | | |
|---------------|-----------------|
| a) Diphtheria | b) Tuberculosis |
| c) Measles | d) Polio |

 **Scoring Indicators**

b

Score : 1
Time : 1 mt

Learning Outcome

- Appraises the importance of National Health Programmes.

Q.8 Match the following :

- | A | B |
|-----------|---|
| a) NTCP | i) Control of life style disease |
| b) NMHP | ii) Control of Tuberculosis |
| c) UIP | iii) Early Detection & treatment of mental diseases |
| d) NPCDCS | iv) Prevention of Child hood disease |

Scoring Indicators

- a - ii b - iii
c - iv d - i

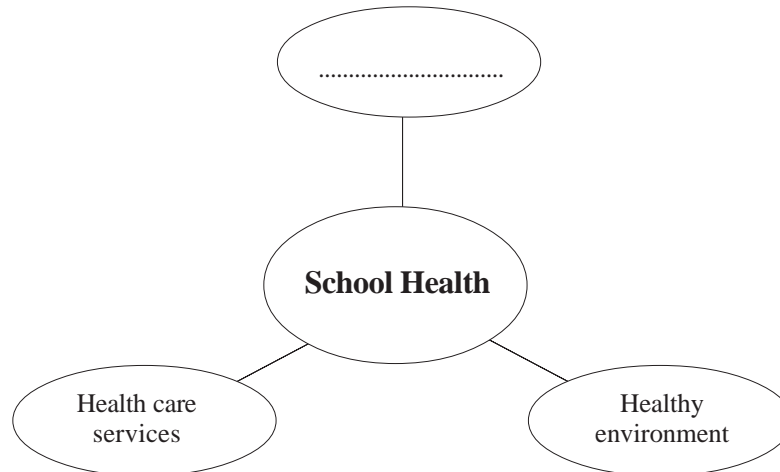
Score : 4

Time : 5 mts

Learning Outcome

- Recognizes the concept and dimensions of health care.

Q.9 Fill in the blank circle



- a) Health Checkup b) School cleaning
c) Health education d) Immunization programme

Scoring Indicators

c

Score : 1

Time : 1 mt

Learning Outcome

- Analyses the problem of pollution

Q.10 Which among the following diseases is caused by air pollution?

- a) Cholera b) bronchitis
c) Typhoid d) Ring worm disease

Scoring Indicators

b

Score : 1

Time : 1 mt

Learning Outcome

- Analyses the problem of pollution

Q.11 'Hygiene embraces all factors which contribute to healthful living'. Analyse the statement highlighting the different aspects of hygiene.

Scoring Indicators

- a) Stating the details of personal hygiene - 2
b) environmental hygiene - 2

Score : 4

Time : 8 mts

Learning Outcome

- Analyses the problem of pollution

Q. 12 Studies show that the quality of water in many parts of our state is very low. Give any three reasons.

Scoring Indicators

Three valid reasons for water pollution (3x1=3)

Score : 3

Time : 6 mts

Learning Outcome

- Analyses the problem of pollution

Q. 13 'Exposing to above 80 db sound for long period is hazardous'. Analyse the consequence of noise pollution in the light of above statement.

Scoring Indicators

Any three valid consequences of noise pollution (3x1=3)

Score : 3

Time : 6 mts

Learning Outcome

- Applies suitable practices to reduce and manage waste.

Q. 14 Propose any three activities to maintain hygiene in your school.

Scoring Indicators

Any three valid proposal

Score : 3

Time : 6 mts

Learning Outcome

- Recognizes the dimension of health care system.

Q. 15 Suggest any three promotive health care programmes to improve the health of pre-school children in your locality.

Scoring Indicators

1 score for each right point

Score : 3

Time : 6 mts

Learning Outcome

- Appraises the health care system of the country.

Q. 16 'Primary health care is the best approach to ensure health for all'. Evaluate the statement pointing out any four components of primary health care.

Scoring Indicators

1 score for each correct component

Score : 4

Time : 8 mts

Learning Outcome

- Appraises the importance of School Health Programmes.

Q. 17 Write a note on the components of school health programme.



Scoring Indicators

Explaining each component (3x1)

Score : 3

Time : 6 mts

Learning Outcome

- Appraises the importance of National Health Programmes.

Q. 18 List out the objectives of ICDS.



Scoring Indicators

Any 4 objectives (4x1=4)

Score : 4

Time : 8 mts

Learning Outcome

- Appraises the importance of National Health Programmes.

Q. 19 Appraise the importance of universal immunisation programme (UIP) to promote the health status of a community.



Scoring Indicators

Stating any 3 relevance/ importance of UIP

Score : 3

Time : 6 mts

Learning Outcome

- Appraise the importance of School Health

Q. 20 If you are appointed as the Headmaster of a school, suggest four measures you may take up to promote the healthy environment of the school.



Scoring Indicators

1 score for each relevant point.

Score : 4

Time : 8 mts

Learning Outcome

- Describes the concept, aspects and types of hygiene.

Q. 21 Keralites, though takes care of personal hygiene neglect environmental hygiene. Comment on the statement.



Scoring Indicators

5 valid points like

- neglect of environmental hygiene
- Over use of plastics
- Extensive use of chemical pesticides
- Throwing waste in public places etc.

Score : 5

Time : 12 mts

Learning Outcome

- Recognizes the concept and dimensions of health care.

Q. 22 Draw a flow chart showing the health care systems in India.

 **Scoring Indicators**

5 main branches and their sub branches - 6 score.

Score : 6

Time : 15 mts

Learning Outcome

- Appraises the importance of National Health Programmes.

Q. 23 Enlist four National Health Programmes and explain any two of them.

 **Scoring Indicators**

a) Enlisting 4 programmes : $4 \times \frac{1}{2} = 2$

b) Explaining 2 programmes = $2 \times 2 = 4$

Score : 6

Time : 15 mts

Learning Outcome

- Analyze the problem of pollution and waste

Q. 24 'Pollution is a major social problem in Kerala'. Prepare an essay on the types, causes, and remedial measures of pollution.

 **Scoring Indicators**

types, causes and remedial measures (2 score for each).

Score : 6

Time : 15 mts

Learning Outcome

- Appraises the importance of National Health Programmes.

Q. 25 What are the ongoing national health programmes in India. Explain its features.

 **Scoring Indicators**

one score for each programme

Score : 6

Time : 15 mts

Learning Outcome

- Analyse the problem of pollution.

Q. 26 What are the ill effects of noise pollution?

 **Scoring Indicators**

$\frac{1}{2}$ Score for each point (limited to 3)

Score : 3

Time : 6 mts

Learning Outcome

- Analyze the problem of pollution and waste

Q. 27 List out any three harmful effects of water pollution.

 **Scoring Indicators**

1Score for each point

Score : 3

Time : 6 mts

Learning Outcome

- Analyse the problem of pollution.

Q. 28 Pollution can be controlled and prevented. Suggest any four hygienic practices to control it.

Scoring Indicators

1 Score for each point

Score : 4

Time : 8 mts

Learning Outcome

- Applies suitable practices to reduce and manage waste.

Q. 29 'Waste treatment is the best method of waste management.' Explain.

Scoring Indicators

1 score for correct explanation.

Score : 3

Time : 6 mts

Learning Outcome

- Applies suitable practices to reduce and manage waste.

Q. 30 Write a short note on sanitation.

Scoring Indicators

1 score for each correct explanation

Score : 3

Time : 6 mts

Learning Outcome

- Recognizes the concept and dimensions of health care.

Q. 31 Write an essay on the dimensions of health care

Scoring Indicators

1½ score for each dimension

Score : 6

Time : 15 mts

Learning Outcome

- Appraise the importance of community health.

Q. 32 Give two examples for community health programmes.

Scoring Indicators

½ score for each example.

Score : 1

Time : 2 mts

Learning Outcome

- Appraise the importance of School health

Q. 33 List out the importance of School health programme?

Scoring Indicators

1 score for each right point.

Score : 4

Time : 8 mts

Learning Outcome

- Recognizes the importance of guidance and its application in one's life

Q.1 A student is confused about the right choice of his/her course of study. The student can be helped through;

- | | |
|---------------------------|------------------|
| a) Community organization | b) Psychotherapy |
| c) Guidance | d) Social action |

**Scoring Indicators**

c

Score : 1

*Time : 1 mt***Learning Outcome**

- Recognizes the importance of guidance and its application in one's life

Q.2 Couples can be helped to recognize and resolve conflicts for better understanding and adjustment through;

- | | |
|---------------------------|-------------------------|
| a) Vocational guidance | b) Educational guidance |
| c) Community organization | d) Marital guidance |

**Scoring Indicators**

d

Score : 1

*Time : 1 mt***Learning Outcome**

- Applies career planning in life

Q.3 The natural ability or capacity of an individual to learn and perform an activity or task is known as

**Scoring Indicators**

Aptitude

Score : 1

*Time : 1 mt***Learning Outcome**

- Applies career planning in life

- Q.4 An aptitude test result primarily helps a student to;
- a) Choose his field of study and career b) Choose life partner
c) Choose a company d) Demand more salary

**Scoring Indicators**

a

Score : 1

*Time : 1 mt***Learning Outcome**

- Applies career planning in life

- Q.5 Test that measures various potentials or abilities of an individual is known as
- a) Specific aptitude test b) Differential aptitude test
c) Attitude scaling test d) Chi-square test

**Scoring Indicators**

b

Score : 1

*Time : 1 mt***Learning Outcome**

- Applies career planning in life

- Q.6 UPSC is the agency to select candidates for various jobs
- a) State government b) Private
c) Central government d) Railway

**Scoring Indicators**

c

Score : 1

*Time : 1 mt***Learning Outcome**

- Recognizes counseling as an effective tool of helping process

- Q.7 Choose the most suitable option among the following which state the relationship between counselor and counselee.
- a) Purposeful b) Reciprocal
c) Helping d) All the above

**Scoring Indicators**

d

Score : 1

*Time : 1 mt***Learning Outcome**

- Recognizes counseling as an effective tool of helping process

Q.8 The main exponent of non-directive or permissive counseling is

 **Scoring Indicators**

Carl R. Rogers

Score : 1

Time : 1 mt

Learning Outcome

- Recognizes counseling as an effective tool of helping process

Q.9 What is the name of the counseling that includes the useful elements of both directive and nondirective counseling?

 **Scoring Indicators**

Eclectic counseling

Score : 1

Time : 1 mt

Learning Outcome

- Recognizes counseling as an effective tool of helping process

Q.10 Which among the following is not an essential counseling skill?

- a) Listening
- b) Observation
- c) Questioning
- d) Bargaining

 **Scoring Indicators**

d

Score : 1

Time : 1 mt

Learning Outcome

- Identifies various psycho therapies

Q.11 Which psycho therapy technique gives thrust in correcting impaired cognition and resultant feelings and emotions on behavior?

 **Scoring Indicators**

Cognitive behavior therapy

Score : 1

Time : 1 mt

Learning Outcome

- Recognizes counseling as an effective tool of helping process

Q.12 Which among the following psychotherapies attempt to analyze the interaction and communication patterns among individuals?

- a) Cognitive behavior therapy
- b) Motivation Therapy
- c) Transactional analysis
- d) SWOT analysis

 **Scoring Indicators**

c

Score : 1

Time : 1 mt

Learning Outcome

- Recognizes importance of guidance and its application in one's life

Q. 13 Explain the term guidance

 Scoring Indicators

Any relevant explanation

Score : 2

Time : 4 mts

Learning Outcome

- Recognizes importance of guidance and its application in one's life

Q. 14 Write two uses of vocational guidance

 Scoring Indicators

Any two relevant uses

Score : 2

Time : 4 mts

Learning Outcome

- Recognizes importance of guidance and its application in one's life

Q. 15 Explain the need and importance of guidance. What are the different types of guidance?

 Scoring Indicators

Any two valid points on the need for guidance (2 score) and listing any four types of guidance (.5x4)

Score : 4

Time : 8 mts

Learning Outcome

- Recognizes importance of guidance and its application in one's life

Q. 16 Mention three valid points to support the relevance of marital guidance.

 Scoring Indicators

Any relevant points like resolve conflicts, break down, parenting issues, etc. Score : 3

Time : 6 mts

Learning Outcome

- Recognizes importance of guidance and its application in one's life

Q. 17 If you are appointed as the leader of Career club, propose six relevant programmes for the plus two students of your school.

 Scoring Indicators

Any six relevant programmes like career exhibition, career quiz, career orientation programmes, aptitude test, etc. (.5x6)

Score : 3

Time : 6 mts

Learning Outcome

- Applies career planning in life

Q. 18 Write any eight important aspects that are to be considered for planning a career.

Scoring Indicators

Any eight valid points like aptitude, interest, etc. (.5x8)

Score : 4

Time : 8 mts

Learning Outcome

- Applies career planning in life

Q. 19 Write a note on aptitude

Scoring Indicators

Natural or spontaneous ability or capacity to do a task or activity.

Score : 2

Time : 4 mts

Learning Outcome

- Applies career planning in life

Q. 20 Write a note on aptitude tests. Distinguish between differential and specific aptitude tests.

Scoring Indicators

Giving correct explanation to three concepts (3x1)

Score : 3

Time : 6 mts

Learning Outcome

- Recognizes counseling as an effective tool of helping process

Q. 21 Explain the term counseling.

Scoring Indicators

Any valid explanation

Score : 2

Time : 4 mts

Learning Outcome

- Recognizes counseling as an effective tool of helping process

Q. 22 What are the different types of counseling?

Scoring Indicators

Directive , nondirective, and eclectic (3x1)

Score : 3

Time : 6 mts

Learning Outcome

- Identifies various psycho-therapies

Q. 23 Explain how different types of psycho therapies help in treating psychological disorders and mental stress.

 **Scoring Indicators**

Valid explanation of cognitive behavior therapy, motivational enhancement therapy, and transactional analysis (3x2)

Score : 6

Time : 15 mts

Learning Outcome

- Identifies various psycho-therapies

Q. 24 Write a short note on NLP.

 **Scoring Indicators**

Any valid explanation of NLP

Score : 2

Time : 4 mts

Learning Outcome

- Recognizes importance of guidance and its application in one's life

Q. 25 Enlist any six major job recruiting agencies in India.

 **Scoring Indicators**

Any six agencies (.5x6)

Score : 3

Time : 6 mts

Learning Outcome

- Recognizes counseling as an effective tool of helping process

Q. 26 Present three arguments infavour of appointing a counselor in your school.

 **Scoring Indicators**

For each valid argument (1x3)

Score : 3

Time : 6 mts

Learning Outcome

- Recognizes importance of guidance and its application in one's life

Q. 27 'Educational guidance is essential for student's development.' Examine the statement mentioning any four objectives.

 **Scoring Indicators**

Listing any four objectives of educational guidance (1x4)

Score : 4

Time : 8 mts

Learning Outcome

- Recognizes importance of guidance and its application in one's life

Q. 28 'The problem of family disorganization can greatly be prevented through

marital guidance.' Analyze the statement pointing out the relevance of marital guidance.

 **Scoring Indicators**

Any four relevance of marital guidance (1x4)

Score : 4

Time : 8 mts

Learning Outcome

- Recognizes counseling as an effective tool of helping process

Q. 29 'Effectiveness of counseling depends on skills.' Support the statement.

 **Scoring Indicators**

Mentioning any two skills and its relevance

Score : 2

Time : 4 mts

Learning Outcome

- Recognizes importance of guidance and its application in one's life

Q. 30 'Guidance is highly relevant today in facilitating the development of individuals.' Comment on the statement.

 **Scoring Indicators**

Any three relevance of guidance (1x3)

Score : 3

Time : 6 mts

Learning Outcome

- Analyses the need and objectives of family life education, concept of family life cycle, responsible parenthood.

Q.1 The fundamental unit of society is

- | | |
|----------------|--------------|
| a) State | b) Community |
| c) Association | d) Family |



Scoring Indicators

d

Score : 1

Time : 1 mt

Learning Outcome

- Analyses the need and objectives of family life education, concept of family life cycle, responsible parenthood.

Q.2 In India the minimum age for marriage for girls is



Scoring Indicators

18 years

Score : 1

Time : 1 mt

Learning Outcome

- Analyses the need and objectives of family life education, concept of family life cycle, responsible parenthood.

Q.3 The loneliness felt by parents when their children go away from home for work or study is known as;

- | | |
|------------------------|------------------------|
| a) Dementia | b) Alzheimer's disease |
| c) Empty nest syndrome | d) Insomnia |



Scoring Indicators

c

Score : 1

Time : 1 mt

Learning Outcome

- Recognizes various sexual developmental stages and identify the physical, mental and social changes during adolescence.

Q.4 Adolescent period is also known as

 Scoring Indicators

Teenage

Score : 1

Time : 1 mt

Learning Outcome

- Recognizes various sexual developmental stages and identify the physical, mental and social changes during adolescence.

Q.5 What is the meaning of the Latin word 'adolescere'.

 Scoring Indicators

to grow up

Score : 1

Time : 1 mt

Learning Outcome

- Recognizes various sexual developmental stages and identify the physical, mental and social changes during adolescence.

Q.6 According to WHO the adolescent period is from 10 to years.

 Scoring Indicators

19

Score : 1

Time : 1 mt

Learning Outcome

- Recognizes various sexual developmental stages and identify the physical, mental and social changes during adolescence.

Q.7 In sexual reproduction, the union of sperm and ovum is known as

- a) Ovulation
- b) Spermatogenesis
- c) Fertilization
- d) Embryology

 Scoring Indicators

c

Score : 1

Time : 1 mt

Learning Outcome

- Recognizes various sexual developmental stages and identify the physical, mental and social changes during adolescence.

Q.8 The fertilized egg is known as

 Scoring Indicators

Zygote

Score : 1

Time : 1 mt

Learning Outcome

- Recognizes various sexual developmental stages and identify the physical, mental and social changes during adolescence.

Q.9 Inside the uterus the fetus is safely protected through a fluid called

 **Scoring Indicators**

Amniotic Fluid/ Placenta

Score : 1

Time : 1 mt

Learning Outcome

- Identifies sexually transmitted diseases and sex deviations.

Q.10 World AIDS day is observed on

 **Scoring Indicators**

December 1

Score : 1

Time : 1 mt

Learning Outcome

- Identifies sexually transmitted diseases and sex deviations.

Q.11 Deviant sex behavior of an adult with child is known as

 **Scoring Indicators**

Pedophilia

Score : 1

Time : 1 mt

Learning Outcome

- Appraises the concept and components of reproductive and sexual health

Q.12 Premature termination of pregnancy from the uterus before the fetus is ready for an independent existence is known as;

- | | |
|------------------|------------------|
| a) Fertilization | b) Ovulation |
| c) Abortion | d) Contraception |

 **Scoring Indicators**

c

Score : 1

Time : 1 mt

Learning Outcome

- Analyses the need and objectives of family life education, concept of family life cycle, and responsible parenthood

Q.13 Write any four problems faced by the present day families.

 **Scoring Indicators**

Listing any four relevant problems (.5x4)

Score : 2

Time : 4 mts

Learning Outcome

- Analyses the need and objectives of family life education, concept of family life cycle, and responsible parenthood

Q. 14 Write a note on family life education listing the major areas to be included.

Scoring Indicators

Explaining the concept of family life education (1 score) and listing four major areas like sex education, parenting, etc. (.5x4= 2 score)

Score : 3

Time : 6 mts

Learning Outcome

- Analyses the need and objectives of family life education, concept of family life cycle, and responsible parenthood

Q. 15 Write four major objectives of family life education.

Scoring Indicators

Listing any four relevant objectives (.5x4)

Score : 2

Time : 4 mts

Learning Outcome

- Analyses the need and objectives of family life education, concept of family life cycle, and responsible parenthood

Q. 16 There are distinctive stages in a family life cycle as per child bearing and rearing. Explain.

Scoring Indicators

Explain each stage with its characteristics

Score : 6

Time : 15 mts

Learning Outcome

- Analyses the need and objectives of family life education, concept of family life cycle, and responsible parenthood

Q. 17 'Parents can become role models to their children'. Substantiate the statement giving six points considering the present day families.

Scoring Indicators

Considering the problems faced by modern day families, students highlights the need for value education, resource management, interpersonal relationship, and freedom at home, etc. (6x1)

Score : 6

Time : 15 mts

Learning Outcome

- Describes the need and objectives of sex education

Q. 18 Distinguish the terms 'sex', 'sexuality', and 'gender'

 **Scoring Indicators**

Clear explanation of each term (3x1)

Score : 3

Time : 6 mts

Learning Outcome

- Describes the need and objectives of sex education

Q. 19 In a PTA meeting some parents questioned the need for sex education in schools. If your teacher allows you to take a class for them on the need for sex education in the next meeting, prepare a note including six points in favour of it.

 **Scoring Indicators**

Explaining any six valid arguments in favour of sex education (6x1)

Score : 6

Time : 15 mts

Learning Outcome

- Recognizes various sexual developmental stages and identify the physical, mental and social changes during adolescence.

Q. 20 What are the physical, mental, and social changes of adolescent period?

 **Scoring Indicators**

Two changes each for physical, mental, and social areas (.5x6)

Score : 3

Time : 6 mts

Learning Outcome

- Recognizes various sexual developmental stages and identify the physical, mental and social changes during adolescence.

Q. 21 Write a note on puberty

 **Scoring Indicators**

Any four valid points (.5x4)

Score : 2

Time : 4 mts

Learning Outcome

- Recognizes various sexual developmental stages and identify the physical, mental and social changes during adolescence.

Q. 22 What is fertilization?

 **Scoring Indicators**

Two valid points

Score : 2

Time : 4 mts

Learning Outcome

- Recognizes various sexual developmental stages and identify the physical, mental and social changes during adolescence.

Q. 23 Raja blames his wife Radha for giving birth to a boy because he prefers a girl child. Is it right to blame Radha for this. Can you help Raja to realize the fact scientifically?

 **Scoring Indicators**

Explain the science of sex determination due to chromosome types supplied by male and female gametes.

Score : 4

Time : 8 mts

Learning Outcome

- Identifies sexually transmitted diseases and sex deviations

Q. 24 Write a note on sexually transmitted diseases. How can we prevent AIDS?

 **Scoring Indicators**

Explaining STD (score 2) and suggesting any four prevention method (.5x4)

Score : 4

Time : 8 mts

Learning Outcome

- Identifies sexually transmitted diseases and sex deviations

Q. 25 Write a note on exhibitionism and homosexuality

 **Scoring Indicators**

Valid explanation of both terms (2x1)

Score : 2

Time : 4 mts

Learning Outcome

- Appraises the concept and components of reproductive and sexual health

Q. 26 If you are asked to build awareness on family planning to couples organized by a library in your village, suggest six valid points to present before them on the advantages of it.

 **Scoring Indicators**

Any six valid points (.5x6)

Score : 3

Time : 6 mts

Learning Outcome

- Appraises the concept and components of reproductive and sexual health

Q. 27 What are the birth control measures available today?

 **Scoring Indicators**

Any three birth control measure (3x1)

Score : 3

Time : 6 mts

Learning Outcome

- Appraises the concept and components of reproductive and sexual health

Q. 28 'Adolescent pregnancies are hazardous'. Substantiate the statement with three valid reasons.

 **Scoring Indicators**

Any three valid reasons like low birth weight, high rate of unsafe abortions, maternal mortality, etc. (3x1)

Score : 3

Time : 6 mts

Learning Outcome

- Appraises the concept and components of reproductive and sexual health

Q. 29 Write a note on abortion

 **Scoring Indicators**

Any valid explanation

Score : 2

Time : 4 mts

Learning Outcome

- Appraises the concept and components of reproductive and sexual health

Q. 30 Propose a programme mentioning the target group, resource persons, content of the programme, etc. to be organized in your village in collaboration with PHC about safe motherhood initiative of WHO.

 **Scoring Indicators**

Any creative programmes like conducting a seminar involving doctors for couples, with pregnant mothers, etc.

Score : 4

Time : 8 mts

Learning Outcome

- Examines gender equity and equality, gender discrimination and related issues.

Q. 31 Enlist six common problems where our women are highly discriminated and suggest solutions to tackle any one of it.

 **Scoring Indicators**

Enlisting and describing major problems like dowry, child marriage, domestic violence, rape, etc. (.5x6) and suggesting solutions like awareness building, legal aid, social action, rehabilitation, empowerment, education, etc (.5x6)

Score : 6

Time : 15 mts

Learning Outcome

- Describes the need and objectives of sex education

Q. 32 'Adolescents need sex education.' Examine the statement pointing out the relevance of sex education in the present day society.

 **Scoring Indicators**

Explaining any three relevance in favour of sex education (3x1)

Score : 3

Time : 6 mts

Learning Outcome

- Appraises the role of various international social work agencies

Q.1 Which international organization was awarded the 1977 Nobel peace prize for its 'campaign against torture'?

 **Scoring Indicators**

Amnesty International

Score : 1

Time : 1 mt

Learning Outcome

- Identifies the need to have cultural sensitivity for international social work practice.

Q.2 Increasing diversity of the population in terms of race and ethnicity is known as

 **Scoring Indicators**

Multiculturalism

Score : 1

Time : 1 mt

Learning Outcome

- Appraises the role of social work in various international agencies

Q.3 What is the name of the agency formed by UN in 1946 for post-war relief?

 **Scoring Indicators**

UNICEF

Score : 1

Time : 1 mt

Learning Outcome

- Identifies the concept of international social work

Q.4 'International social work practice is gaining more relevance in the present day society'. Comment on the statement pointing the goals of international social work.

 **Scoring Indicators**

Any three relevant goals (3x1)

Score : 3

Time : 6 mts

Learning Outcome

- Identifies the need to have cultural sensitivity for international social work practice.

Q.5 'The practice of social work in a multicultural community requires certain unique qualities to the practitioner'. Propose any three such qualities.

Scoring Indicators

Awareness about multiculturalism, Knowledge about client's cultural background, ability to have flexible strategies, etc. (3x1)

Score : 3

Time : 6 mts

Learning Outcome

- Recognizes the development and human rights approaches in international social work.

Q.6 Prepare a brief note on the approaches of international social work.

Scoring Indicators

Explaining development and human rights approaches (2x1.5)

Score : 3

Time : 6 mts

Learning Outcome

- Recognizes the development and human rights approaches in international social work.

Q.7 Write a note on any two measures or indicators used to assess the level of development.

Scoring Indicators

Explaining any two indicators like HDI, ISP, PQLI, etc. (2x1)

Score : 2

Time : 4 mts

Learning Outcome

- Recognizes the development and human rights approaches in international social work.

Q.8 'International social work practice gives more emphasis to human rights'. Examine the statement highlighting any two human right issues.

Scoring Indicators

Explaining any two relevant issues (2x1)

Score : 2

Time : 4 mts

Learning Outcome

- Appraises the role of social work in various international agencies

Q.9 Write a note on UNICEF

Scoring Indicators

Explaining its structure and functions (2x1.5)

Score : 3

Time : 6 mts

Learning Outcome

- Appraises the role of social work in various international agencies

Q. 10 Appraise the role of UNDP in ensuring development world wide

Scoring Indicators

Any three valid points like role in poverty reduction, fostering democracy, sustainable development, etc. (3x1)

Score : 3

Time : 6 mts

Learning Outcome

- Appraises the role of social work in various international agencies

Q. 11 'ILO plays an important role in protecting the rights of labours'. Examine the statement pointing any three roles of ILO.

Scoring Indicators

Any three relevant roles (3x1)

Score : 3

Time : 6 mts

Learning Outcome

- Appraises the role of social work in various international agencies

Q. 12 Developed countries help less developed countries through government bilateral aid agencies. Write a brief note on any three such agencies.

Scoring Indicators

Mentioning the name and function of any three agencies (3x1)

Score : 3

Time : 6 mts

Learning Outcome

- Appraises the role of social work in various international agencies

Q. 13 'Non-governmental organizations play a significant role in international social work'. Examine the statement mentioning the role of any three NGOs

Scoring Indicators

Stating the role of any three NGOs like Red Cross, Oxfam International, World Vision, Amnesty International, etc. (3x2)

Score : 6

Time : 15 mts

Learning Outcome

- Appraises the role of social work in various international agencies

Q. 14 Write a note on the objectives of International Association of Schools of Social Work (IASSW)

Scoring Indicators

Any three valid objectives (3x1)

Score : 3

Time : 6 mts

Learning Outcome

- Identifies the concept of international social work

Q. 15 Enlist any three models of international social work practice.

Scoring Indicators

For each model (1x3)

Score : 3

Time : 6 mts

Learning Outcome

- Identifies the concept of international social work

Q. 16 'The relevance of international social work practice is increasing in the contemporary world'. Elucidate the statement with any five valid points.

Scoring Indicators

Stating the role of social work in dealing with the effects of globalization, global migration, disaster, poverty, refugee issues, etc.

Score : 5

Time : 12 mts

Learning Outcome

- Recognizes social work career opportunities at international level.

Q. 17 Enlist any four career fields of social workers at international level.

Scoring Indicators

For each area (.5x4)

Score : 2

Time : 4 mts

Learning Outcome

- Recognizes social work career opportunities at international level.

Q. 18 Enlist any four popular organizations carrying out international social work practice.

Scoring Indicators

For each organization (.5x4)

Score : 2

Time : 4 mts

Learning Outcome

- Identifies the need to have cultural sensitivity for international social work practice

Q. 19 'An international social work practitioner requires high level of cultural sensitivity'. Evaluate the statement mentioning the need for cultural sensitivity in social work practice.

Scoring Indicators

For any three valid explanations (3x1)

Score : 3

Time : 6 mts

Learning Outcome

- Identifies the concept of international social work.

Q. 20 'The goals of international social work are relevant to create a just and humane society'. Examine the statement highlighting any three goals of international social work.

 **Scoring Indicators**

Explaining the relevance of any three goals (3x1)

Score : 3

Time : 6 mts