

LEARNING OUTCOMES

Chapter - 1 : HOME SCIENCE-CONCEPT AND SCOPE

- 1.1 Identifies the evolution, meaning, importance, major areas and scope of Home Science.

Chapter - 2 : INTRODUCTION TO HUMAN DEVELOPMENT

- 2.1 Differentiates stages of development
- 2.2 Differentiates growth and development and lists the different principles of growth and development by citing examples
- 2.3 Discriminates the different areas of development
- 2.4 Explains the different factors affecting growth and development and analysing different hereditary disorders

Chapter - 3 : INFANCY AND EARLYCHILDHOOD

- 3.1 Differentiates physical development of boys and girls during infancy and early childhood and analyses physical, motor, language, emotional, social; and cognitive developments during infancy and early childhood
- 3.2 Explains the objectives and importance of Early childhood care and education and evaluates the activities of a preschool
- 3.3 Categorises and differentiates different types of play and recognises values of play

Chapter - 4 : LATE CHILDHOOD YEARS

- 4.1 Interprets and analyses the various developments during childhood
- 4.2 Identifies and recognises the techniques of discipline and habit formation and arguing on the necessity of disciplining during childhood.

- 4.3 Evaluates behavioural problems and listing suggestive measures.

Chapter - 5: ADOLESCENCE – CHARMS AND CHALLENGES

- 5.1 Identifies and explains the characteristics of adolescence.
- 5.2 Appraises, evaluates and compares the height and weight of adolescents, recognizing cognitive changes and emotional changes and dramatises the social development during adolescence
- 5.3 Appraises identity crisis and identity formation
- 5.4 Identifies and evaluates the disorders among adolescents

Chapter - 6 : ADULTHOOD AND OLDAGE

- 6.1 Identifies the responsibilities of adulthood
- 6.2 Evaluates the needs and care of elderly people, and argues on the merits and demerits of old age homes

Chapter - 7 : CHILDHOOD DISEASES AND PREVENTION

- 7.1 Explains different types of immunity and recognises the importance of breast feeding
- 7.2 Describes and differentiates different communicable diseases.

Chapter - 8: CONCERN AND ISSUES IN HUMAN DEVELOPMENT

- 8.1 Appraises the status of a girl child by citing examples
- 8.2 Examines the causes and consequences of child labour and suggest preventive measures to prevent child labour.
- 8.3 Recognises the offences, causes, characteristics and rehabilitation of a juvenile delinquent
- 8.4 Differentiates types of disabilities and identifies the causes, characteristics and needs of the disabled persons by citing examples
- 8.5 Classifies different types of retardation, recognises the characteristics, causes, prevention and care and needs of mentally retarded

- 8.6 Evaluates the educational needs of mentally retarded
- 8.7 Identifies different types of sexually transmitted diseases, symptoms and treatment.

CHAPTER -9 : RESOURCE MANAGEMENT

- 9.1 Discriminates the types and characteristics of different resources.
- 9.2 Illustrates steps involved in management process by citing examples
- 9.3 Illustrates steps in decision making by citing examples.

Chapter-10 : MANGEMENT OF TIME, ENERGY, MONEY AND SPACE

- 10.1 Compares and evaluates management of time.
- 10.2 Differentiates types of work and fatigue and illustrates work simplification techniques.
- 10.3 Classifies types of family income importance and need for supplementing family income and savings and develops family budget.
- 10.4 Lists, explains and illustrates ways of managing space

Chapter-11 : DESIGN

- 11.1 Classifies types of designs by citing examples.
- 11.2 Differentiates and illustrates elements of design by citing examples.
- 11.3 Illustrates principles of design.
- 11.4 Illustrates and demonstrates value scale, Prang colour wheel and colour harmonies and differentiates colour harmonies.

Chapter - 12 : CONSUMER EDUCATION

- 12.1 Evaluates the problems faced by consumers
- 12.2 Demonstrates, identifies and experiments common adulterants present in food stuffs
- 12.3 Identifies different consumer aids and differentiates their merits and demerits
- 12.4 Explains COPRA